



# Daily Ritual Calendar: Lent at Home

## Christ AMONG US

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			<b>FEBRUARY</b> 14 Do the <b>Ash Wednesday</b> Ritual in this resource, or attend a communal Ash Wednesday service.	15 Prepare your Lent centerpiece together. The fabric represents our journey with Jesus, the bowl represents God's unending love for all, and the candle represents Jesus, the Light of the World.	16 Read Mark 1:9-11. Say to each person in the household, "You are my child, my beloved, with you I am well pleased."	17 Jesus spent 40 days in the desert. Spend some time sitting or moving outdoors.	
<b>Week 1: Christ among Us, Repent &amp; Believe</b> Prayer: Jesus, we confess that we aren't always our best human selves. Bring us back to you. Show up beside us and help us turn around and show greater love to you, ourselves, others, and all of creation.	18 Worship God in Community.	19 Cut out some footprints and add them to your centerpiece. You are on this journey with Jesus.	20 Read Genesis 9:8-10. God cares about all of creation, enough to establish a covenant with all creatures. Do something kind for creation today.	21 Read Psalm 25:1-10 as your prayer.	22 Read 1 Peter 3:18. What does this passage mean to you?	23 Read John 1:9 again. Tell and reflect on the baptism stories of the people in your household.	24 Lent is a time for cleaning out and making space. Choose a drawer or closet to clean out.
<b>Week 2: Christ among Us, Showing Us Faith</b> Prayer: God, we confess that sometimes we forget our covenant with you. But your covenant is one of joy and blessing. Thank you for sticking with us, as sure as the sun always rises.	25 Worship God in Community.	26 Add a cross to your centerpiece. Each day, we learn what it means to take up our cross and follow Jesus.	27 Read Mark 8:31-33. Imagine what this "rebuking" sounded like.	28 Read Mark 8:34-38. Do someone else's chore for them.	29 Read Genesis 17:1-14. What is an outward sign of our covenant with God now?	<b>MARCH</b> 1 Read Psalm 22:22-28. Read verse 22 aloud outside.	2 Get up early and watch the sunrise. As sure as the sun always rises, Christ is among us.
<b>Week 3: Christ among Us, Showing Us Justice</b> Prayer: God, we confess that we sometimes just want to be like everyone else. But following you often looks foolish to the world around us. Give us courage to love others as you love them, to get angry at injustice, and to do "crazy" things like keeping the Sabbath.	3 Worship God in Community.	4 Add a scroll to your centerpiece - the covenant gift of daily life in community.	5 Read Ex. 20:8-11. This is the hinge of the commandments. How do you (or how would you like to) practice the Sabbath?	6 Read Psalm 20 aloud. Read it several times. What work does it do in you?	7 Read John 2:13-16. What makes you righteously angry?	8 Read 1 Cor 1:25. Do something to foolishly show love to someone else.	9 Make Lent Pretzels! <a href="https://www.faiithward.org/lent-pretzels-recipe-and-pretzel-prayer/">https://www.faiithward.org/lent-pretzels-recipe-and-pretzel-prayer/</a>
<b>Week 4: Christ among Us, the Way of Mercy</b> God, we confess that we don't always walk in your way of mercy. But we know that your steadfast love endures forever. You love us so much that you came down and became a human like us. Guide us to show your loving kindness to others.	10 Worship God in Community.	11 Add a heart to your centerpiece. God's steadfast love endures forever.	12 Read Psalm 107:1. This begins a recital of the ways God has stuck with the people. Tell bits of your own household's story, using that refrain with each part of the story.	13 The Hebrew word <i>hesed</i> is sometimes translated as "mercy," sometimes "steadfast love," and sometimes "loving kindness." Where have you experienced <i>hesed</i> ?	14 Read John 3:16. Many of us memorized this as children. What are your stories of learning this verse?	15 Show loving kindness, or <i>hesed</i> to someone else today.	16 Try a household fast from screens today.
<b>Week 5: Christ among us, the New Covenant</b> Prayer: God we confess that we hold tightly to things and ideas. But we know that you are the source of our lives and strength, not our things and ideas. Give us the grace to let go and be ready for the newness you call us to.	17 Worship God in Community.	18 Plant some seeds in a small pot and add it to your centerpiece. In order to have new life, we have to bury and let go of some things.	19 Read John 12:24. If you live in the northern hemisphere, step outside and notice the dormancy of nature. Imagine all the work God is doing in the soil to bring new life.	20 At nighttime, go outside and read Psalm 130 out loud.	21 Read Psalm 119:9. Tell a story of a time you felt you strayed from God's instructions.	22 Read Jeremiah 31:31-34. This is the heart of Christ among Us, knowing us and walking with us.	23 Find all the loose change in the house and count it. Then bring it to church (or a person in need) as alms-giving.
<b>Week 6: Holy Week</b> Prayer: God, we confess that sometimes we want you to be formed in our image, instead of letting you form us in your image. But just like Jesus was free to ride on a donkey and speak hard truths, you will continue to surprise us and challenge us. Work in our hearts this week as we seek to follow you, even to the cross.	24  It's <b>Palm Sunday!</b> Worship God in Community.	25 Add the palm branch to your centerpiece. We are ready to follow Jesus into the journey of Holy Week.	26 This is a moment of triumph, but soon after this, the crowds will slowly turn on Jesus. Have you ever felt this kind of betrayal or turning by the people around you?	27 Read Psalm 118:1-4, and say it as call-and-response, using the names of those in your household. Imagine these words ringing in Jesus' ears during the week before his death.	28  Do the <b>Maundy Thursday</b> ritual in this resource, or attend a communal worship service.	29 Do the <b>Good Friday</b> ritual in this resource or attend a communal worship service.	30 When Jesus died, the Light of the World went out. Don't turn on any lights today.
<b>Easter, Sunday, March 31</b> <b>Happy Resurrection Day!</b> Add a rock to your centerpiece. All barriers to fullness of life in Christ have been rolled away! Choose from the Easter Day activities in this resource as you celebrate the resurrection!		